BETTER HEARING INSTITUTE

Across America Hearing Check Challenge

Quick Hearing Check

Introduction

The following hearing loss check is based on the Revised American Academy of Otolaryngology-Head & Neck Surgery (AAO-HNS) five-minute hearing test*. It is a means of quickly assessing if you possibly have a hearing loss requiring referral for an objective hearing test and possible hearing solution. This screener is related to objective measures of hearing loss using audiological equipment. In step #1 you are asked to respond to 15 items related to your hearing. In step #2 you will score your hearing and in step #3 you will be able to compare yourself to 2,304 adults with hearing loss.

Instructions – Step #1

With respect to your hearing, please think about your experiences with each of the following WITHOUT the use of hearing aids or other devices designed to help you hear better. For each item, indicate the degree to which you agree or disagree (select one number for each item).

	Strongly Disagree				Strongly Agree
I have a problem hearing over the telephone	○ 0	○ 1	○ 2	○ 3	○ 4
I have trouble following the conversation when two or more people are talking at the same time	○ 0	○ 1	○ 2	○ 3	○ 4
I have trouble understanding things on TV	○ 0	○ 1	○ 2	○ 3	○ 4
I have to strain to understand conversations	○ 0	○ 1	○ 2	○ 3	○ 4
I have to worry about missing a telephone ring or doorbell	○ 0	○ 1	○ 2	○ 3	○ 4
I have trouble hearing conversations in a noisy background such as a crowded room or restaurant	○ 0	○ 1	○ 2	○ 3	○ 4
I get confused about where sounds come from	○ 0	○ 1	○ 2	○ 3	○ 4
I misunderstand some words in a sentence and need to ask people to repeat themselves	○ 0	○ 1	○ 2	○ 3	○ 4
I especially have trouble understanding the speech of women and children	○ 0	○ 1	○ 2	○ 3	○ 4
I have trouble understanding the speaker in a large room such as at a meeting or place of worship	○ 0	○ 1	○ 2	○ 3	○ 4
Many people I talk to seem to mumble (or do not speak clearly)	○ 0	○ 1	○ 2	○ 3	○ 4
People get annoyed because I misunderstand what they say	○ 0	○ 1	○ 2	○ 3	○ 4
I misunderstand what others are saying and make inappropriate responses	○ 0	○ 1	○ 2	○ 3	○ 4
I avoid social activities because I cannot hear well and fear I will reply improperly	○ 0	○ 1	○ 2	○ 3	○ 4
Family members and friends have told me they think I may have a hearing loss	○ 0	◉ 1	○ 2	○ 3	○ 4

STEP # 2 Add up scores in each columns scored 1-4

Submit to Score Your Quick Hearing Check!

*Source: Koike , J.; Hurst, M.K.; and Wetmore, S. J. Correlation between the American Academy of Otolaryngology- Head and Neck Surgery five-minute hearing test and standard audiological data, Otolaryngology – Head and Neck Surgery, Volume 111 (5), pp. 625-632.